

6-28-15 Sermon notes and journal page / The Value of a Rest

Notes are intentional and they are meant to create a specific sound at a specific time, and some notes have more value than others. _____

Space is that area in between notes when you can take advantage of the sound is still there. It rings out and sweet sound of that melody just lingers for a few seconds. _____

Rests A rest is not just a place where nothing happens. When you see a rest on the page, it is planned out by the composer, and a rest has just as much value as a note. _____

Psalm 23

A - Listen to the word pictures that David described in

Psalm 23

A - ¹ *The Lord is my shepherd, I shall not want.*

If He is your shepherd than we must learn to trust Him, that He cares for us, even when are unaware of it. _____

B - ² *He makes me lie down in green pastures; He leads me beside quiet waters.*

How much work do you think gets done while we are lying down in that green pasture? exactly none... _____

C - ³ *He restores my soul; He guides me in the paths of righteousness for His name's sake.*

Our shepherd knows that we represent Him, He also knows that we make better decisions, and our work is a higher quality, when we are not dead on our feet. _____

D - ⁴ *Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me.*

Here is another reason for rest, at some time we are going to have to deal with difficulty, pain, and sorrow. _____

E - ⁵ *You prepare a table before me in the presence of my enemies; You have anointed my head with oil; My cup overflows.* _____

